



THE FARM 

# CAPE KIDNAPPERS

HAWKE'S BAY NEW ZEALAND

## SPA MENU



## **SPA**

We invite you to relax and rejuvenate your body, mind and spirit.

Our Spa is located at the top of the path leading from the main lodge to the Hilltop suites and has amazing views across the valley and towards the bay.

Choose from a variety of treatments including different styles of massages, facials and the ultimate indulgence of the couple's Spa suite. In addition to the couple's suite, we have two other treatment rooms, changing rooms with steam showers and lockers for your convenience.

Please contact the Spa to make your appointments by calling extension '713' or lodge Reception on extension '0'.

We look forward to seeing you soon.

## **MASSAGES**

Your treatment begins with a full consultation as each massage we offer is customised to meet the specific needs of each guest.

Please communicate any special health conditions and needs to your therapist in order to maximise your enjoyment of your treatment and its benefits.

50 minutes: NZD \$175.00 | 80 minutes: NZD \$230.00

### **SWEDISH MASSAGE**

A full body rejuvenating massage.

### **DEEP MASSAGE**

An effective, remedial massage which targets specific muscle groups.

### **SPORTS MASSAGE**

A massage designed to increase flexibility and reduce muscle tightness.

### **PREGNANCY MASSAGE**

A relaxing massage for mothers-to-be in their second or third trimester.

### **EARTH STONE MASSAGE**

Earth Stone Massage is a unique variation on classic massage therapy. A luxurious treatment using heated New Zealand volcanic stones. The stones are placed on specific points to help the body relax and used to massage your muscles. A truly divine experience!

80 minutes: NZD \$230.00

## **FACIALS**

### **CAPE KIDNAPPERS SIGNATURE FACIAL**

Awakens the senses and balances your skin!

This deep cleansing facial features warm steamy towels, a gentle exfoliation, and a customised mask followed by a relaxing face, neck and shoulder massage.

50 minutes: NZD \$175.00

### **AROMA FACIAL AND BACK MASSAGE**

This soothing facial commences with a de-stressing back, shoulder and neck massage, before your skin is treated to an aromatic and balancing facial. We focus on your specific skin care concerns as you unwind and relax.

80 minutes: NZD \$230.00

### **JADE AND CRYSTAL FACIAL**

The use of both warm bloodstone and cooling jade, turns a traditional facial into a memorable experience. The stones encourage circulation and enable the healing properties of our product blends to penetrate deeply into the skin.

80 minutes: NZD \$230.00

### **GENTLEMEN'S FACIAL**

A classic facial treatment designed specifically to meet the needs of men's skin. This deep pore cleansing facial removes impurities, soothes razor irritation and reduces roughness. Warm towels, combined with a scalp, face, neck and shoulder massage ensures total relaxation.

50 minutes: NZD \$175.00

## **BODY TREATMENTS**

Our scrubs and wraps are individually designed specifically for your personal needs. Nourish and smooth the skin, help relieve jet lag, tired muscles, and dehydrated skin.

### **RESCUE WRAP**

Revive your senses with an aromatic sea salt exfoliation followed by a steam shower. Afterwards your body will be painted with a deeply hydrating cream mask. Your body is then wrapped and cocooned while you receive a relaxing scalp massage.

80 minutes: NZD \$230.00. *Add a 50 minute massage for \$175.00*

### **GEOTHERMAL SCRUB AND MUD WRAP**

A detoxifying and nourishing body treatment which combines a rejuvenating body scrub with the healing and remineralising properties of a pure Rotorua Geothermal mud wrap.

80 minutes: NZD \$230.00. *Add a 50 minute massage for \$175.00*

### **CAPE KIDNAPPERS LAVENDER SCRUB AND MASSAGE**

This treatment begins with a soothing foot bath, then locally grown Lavender is hand blended with sugar or salts to exfoliate your skin. After a steam shower, enjoy a relaxing full body massage.

80 minutes: NZD \$230.00

## **HAND AND FOOT THERAPIES**

### **FOOT REFLEXOLOGY**

Enjoy a relaxing foot soak, a stimulating scrub and an ancient foot reflexology massage. This relaxing treatment concentrates on acupressure points and energy lines to balance and revitalise the whole body.

50 minutes: NZD \$175.00

### **CAPE KIDNAPPERS MANICURE**

A special treat for your hands and nails. Includes an exfoliation and mask, along with a shape, cuticle work and polish.

50 minutes: NZD \$115.00

### **CAPE KIDNAPPERS PEDICURE**

Begin your pedicure with a relaxing therapeutic soak and scrub. Nails are shaped, buffed and cuticles repaired before a moisture mask is applied. Relax with a soothing foot massage followed by your choice of polish.

50 minutes: NZD \$130.00

### **GENTLEMEN'S MANICURE**

This manicure will improve the appearance of your hands. We file your nails, tend to your cuticles, and massage your hands to the elbows. Your manicure is completed with a light nail buff.

50 minutes: NZD \$105.00

### **GENTLEMEN'S PEDICURE**

Your feet are soaked and exfoliated in a foot bath, your nails are shaped and buffed, and your cuticles are maintained. A moisture mask and foot massage enhance the enjoyment of this experience.

50 minutes: NZD \$115.00

## **ADDITIONAL SPA SERVICES**

### **WAXING**

Body hair removal is available for both women and men using natural, disposable wax. Ask your therapist for the specific service you require.

### **HAIR CARE**

Haircut, shampoo, blow-dry and colouring are available for both men and women.

### **EYE ZONE**

Lash tinting, brow tinting, and brow shaping.

### **YOGA/PERSONAL TRAINER**

Private instruction is available and will be customised to your fitness level.

## **SPA INFORMATION**

The Spa is open 7 days a week and treatments are available from 11.00am to 7.00pm.

## **CANCELLATION POLICY**

A minimum of 8 hours is needed to cancel an appointment. Without this notification, you will be billed the full price of the service. If you need to change the time of your treatment, we will make every effort to accommodate your wishes but cannot guarantee the availability of a therapist.

## **COMFORT**

The Spa is an area of relaxation and tranquillity. We ask you to refrain from using your cellular telephone while on premises. The Spa is a non-smoking area. Please do not consume alcohol prior to or immediately after your treatment as it may impair the effectiveness of your treatment.

## **CLOTHING**

We provide a robe and slippers for your use.

## **PAYMENT OF SERVICES**

Spa services for lodge guests will be charged to your room.